Virginia Coalition of Housing and Economic Development Researchers

Addressing the Impact of Housing for Virginia's Economy

A REPORT FOR VIRGINIA'S HOUSING POLICY ADVISORY COUNCIL NOVEMBER 2017

Appendix Report 7: Housing, Education, and Economic Development- a Review of the Literature

Virginia Center for Housing Research

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&

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Research has recognized the linkages between housing and education outcomes, but these links are complex. Neither housing nor education operates discretely, and each is affected by a range of other factors such as health, transportation, employment, crime, and income, as well as the state of the economy, political decisions, and the allocation of resources (Cunningham & MacDonald 2012). This dynamic and complex relationship makes identifying direct links between housing and education difficult. The following review of relevant literature highlights important themes concerning the links between housing and educational outcomes, including housing location, housing supply, housing affordability, and housing quality. The review considers the connection between education and economic development in order to illuminate the possible impact that housing has on economic development through workforce and community development.

Housing Location and Educational Quality

Housing location and school quality and performance are connected closely. The roots of the neighborhood or locational effect on education lies in racial and economic segregation, with poverty concentrated in older neighborhoods and their schools (McKoy & Vincent, 2008). Children living in high-poverty neighborhoods attend lower-quality schools than their middle-class counterparts (Orfield & Lee, 2005). Concentrated poverty correlates with poor student performance and high rates of student failure as well (Rothstein, 2004; Rothwell, 2012; Bayer, 2000; Theodos, Coulton, & Budde, 2014).

State and local property taxes are the main sources of funding for U.S. public schools, so wealthy areas with high property values can generate more revenue to fund their local schools, while poorer areas with low property values have difficulty raising sufficient resources to sustain high quality programs. In addition, the relationship between taxes and school quality is reciprocal: studies have shown that the quality of the public school system is a leading factor in area home values (Kain & Quigley, 1970; Li & Brown, 1980; Haurin & Brasington, 1996). Families often make housing decisions based on school quality, and higher income families are spending their extra resources for this purpose (Owens, 2016). This trend creates competition for housing within attendance zones of the highest performing schools, perpetuating income inequality and an ongoing mismatch between affordable housing and high quality schools.

School quality and performance are important for student outcomes and success. Deming, Hasting, Kane, & Staiger (2014) find that students moving from low to high performing schools are less likely to be arrested, more likely to graduate high school, and more likely to attend a four-year college. Similar results from Angrist et al. (2013) illustrate positive effects on SAT scores and four-year college attendance. Altonji & Mansfield (2014) estimate that attending a high school at the 10th versus the 90th percentile of the school quality distribution increases the predicted probability of high school graduation and four-year college enrollment by about 10 and 20 percentage points, respectively. The connection between student scores, graduation, and advancement to four-year college can be explained in part by additional opportunities provided in higher-performing schools. Students attending low performing schools do not have the opportunity for accelerated coursework, and are less likely to be college ready and have positive post-secondary outcomes (Burris, Heubert, & Levin, 2006; Clotfelter, Ladd, & Vigdor, 2015). Similar studies found benefits of increased course progression, including a positive effect on university enrollment (Clark, 2010; Dobbie & Fryer, 2014).

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Available and Affordable Housing and Stability

Residential instability caused by unaffordable housing can have significant and lasting effects on children's educational experiences and outcomes. For example, residential instability in a child's early life is associated with significant reductions in behavioral school readiness at age five (Ziol-Guest & McKenna, 2013). Low income households experience high rates of housing mobility (Theodos, Coulton, & Turner 2009; Crowley, 2003). A lack of affordable housing often results in an increase in residential mobility for low income families when they find themselves priced out of markets where they live (McKoy & Vincent, 2008). Coulton et al (2009) find that many low income households are "churning movers," suggesting that their moves are "a response to financial stress or problems in their rental housing arrangements."

Residential instability causes frequent school changes, higher absentee rates, and lower educational achievement. Many studies have examined the effects that frequent moves have on children's scholastic achievement. Disrupting the physical location of a young child or an adolescent "has a strong negative and significant effect on achievement" (Haveman et al. 1991, 144; Beatty, 2010). Children who change schools often are exposed to curricula that vary greatly across schools and districts, forcing them to catch up and shift their focus to different material in the middle of the school year (Mueller & Tighe, 2007). Students who changed schools frequently lag behind non-mobile students by a year or more in reading and math (Garriss-Hardy & Vrooman, 2005). Studies have found that homeless and highly mobile students have higher rates of absenteeism (Buckner et al, 2001), and score lower than stably housed children on standardized tests in reading, spelling, and math (Obradovic et al. 2009; Rafferty, Shinn, and Weitzman 2004). Further, mobility in early childhood also has lasting, negative social and psychological effects. Repeated school moves increased the risk of violent behavior in high school, and caused students to fall behind socially (Rumberger 2003; Buerkle 1998). The effects extend to graduation potential, with one study finding that three or more moves in early childhood is associated with a 13.7 percentage point decrease from the base probability of graduating from high school (Haveman, Wolfe, & Spaulding, 1991).

Increased student mobility has a significant effect on classrooms and schools as a whole. By having to catch up or change curricula, mobile students take time and resources away from other students in the classroom, increasing the strain on teachers and school systems (Mueller & Tighe, 2007). The curricular pace at schools with highly mobile populations is one grade below grade level on average (Kerbow et al. 2003), often causing students to underperform on standardized tests (Kaase, 2005).

Housing Affordability and Cost Burden

Parents that must work multiple stressful jobs to afford their housing costs may not be able to be as involved or supportive of their children as parents with better access to affordable homes (Duncan et al 2012; Guryan et al 2008). Yeung, Linver, and Brooks-Gunn (2002) reviewed an array of empirical studies and concluded that "economic hardship diminishes parental abilities to provide warm, responsive parenting" (p.1862). Parents constrained by residential instability may not be able to prioritize helping children with their homework, or get involved in school activities (Cunningham, Harwood, and Hall 2010).

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Higher-earning and higher-educated parents spend more time engaging with their children, actively caring, teaching, and playing with them (Guryan et al, 2008). Further, studies find that the health and stress levels of parents and caregivers—especially those of pregnant mothers—affect children's development, ability to learn, and educational attainment. (Aizer et all 2012; Curie &Almond & 2011; Heckman 1999; Kalil & Zoil-Guest 2005)

Family and child stress can directly impact a student's education and future career success. Stress during the early childhood years, such as that brought on by parental unemployment or demanding jobs, can diminish children's subsequent academic and labor market accomplishments (National Scientific Council on the Developing Child [NSCDC], 2014; Kalil & Zoil-Guest 2005).

A family's housing cost burden relates directly to children's development and educational achievement as well. Several studies find that increases in a family's disposable income significantly improve children's test scores. (Duncan et al, 2011; Dahl & Lochner 2012; Boca, Flinn, & Wiswall 2014). Newman and Holupka (2014, 95) find that families who are not cost burdened are more likely to spend a portion of their income on child enrichment, which impacts children's cognitive achievement. Further, the greater the cost burden, the less money households are likely to spend on child enrichment. Although limited, research found that unaffordable housing contributes directly to children's poor attendance and performance in school (Anderson et al. 2003, 48). For example, Gagne and Ferrer (2006, 285) find that major home repair requirements and short length of residence have negative effects on children's math scores. Low income children who live in more affordable areas tend to have better health and educational outcomes, with stronger effects for adolescents compared to school-aged children. In particular, grade retention increases as housing affordability decreases for children of all ages (Harkness & Newman, 2005).

Housing Quality and Health/Environment

Poor quality housing exerts a negative impact on educational performance through its association with poor health and poor home environment as well. Unaffordable housing can lead to difficult choices in household budgets, such as choosing between paying the rent or paying for food and other necessities like adequate health care. Families with affordability issues may choose lower quality housing to make up for the gap in income (Cunningham & MacDonald, 2012).

Evidence shows that families living in low-quality housing may suffer severe health consequences, particularly children. Strong evidence supports the contentions that housing is the principal source of exposure to lead paint, and that poor housing conditions contribute to asthma (Kinney et al., 2002; Rothstein, 2004). The evidence is also strong that these health factors increase school absence and affect academic performance (Moonie et al, 2008)

A shortage of affordable housing can create negative home environmental factors, such as overcrowding and other sources of housing related stress. Studies have found that children growing up in overcrowded housing have lower math and reading scores, complete fewer years of education, and are less likely to graduate from high school than their peers (Braconi, 2001). Increases in noise and chaos interfere with children's studies and

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cognitive development. Research has also linked household chaos with reductions in children's IQ scores and increases in behavior problems. (Deater-Deckard et al., 2009)

Education and Economic Development

Developmental and educational consequences associated with student mobility and inadequate housing may have economic implications for individuals, and a community's workforce. Many studies show that educational attainment—the number of school years completed—correlates closely with both individual earnings and economic growth (Krueger & Lindahl, 2001; Sainesi & Reenen, 2003). In general, more education is associated with higher individual earnings. In particular, studies within and across nations find that an additional year of schooling translates into a roughly 10 percent increase in annual individual earnings (Heckman et al, 2006; Psacharopoulos, 2004). Chetty and Hendren (2015) studied more than five million families who moved between counties, and characterized the effects of neighborhoods on children's earnings and other outcomes in adulthood. They suggested that counties with higher quality schools have significantly positive impacts on children's outcomes, especially those children from families with below-median incomes. Children who moved to a county where the percentile of the schools' test scores was one standard deviation higher caused an increase in lifetime income of 4.2% for below-median income families, and 3.0% for above median income families (Card, 1999; Heckman, 2006).

Aside from this individual benefit, further evidence suggests that additional years of schooling provide social benefits in the forms of improved health, higher levels of civic participation, lower crime rates, and—most importantly for this analysis— greater economic growth (Lochner and Moretti 2004; Currie and Moretti 2003). Educational attainment increases human capital, resulting in the enhanced productivity of a nation's workforce, increased rates of technological innovation, and increased diffusion and adoption of new production processes and technologies, all of which help boost economic growth. (Mincer 2001; Barro 2001). Further, each additional year of schooling within a population is associated with greater long-run economic growth rates. (Mankiw et al 1992; Benhabib & Spiegal 1994; Hall & Jones 1999; Hanushek & Woessmann 2008).

Equal access to high quality schools has been shown to provide a brighter economic outlook. Because schools and neighborhoods are so closely interconnected, providing equitable and affordable housing opportunities across a jurisdiction can provide more equitable educational opportunities (Tegeler & PRRAC, 2011). More equitable educational opportunities can mean greater and more sustainable economic growth overall (Lynch, 2015). The case for improving educational opportunities for low income individuals is supported by evidence that raising skills at the bottom improves economic growth more than raising skills at the top, as measured by GDP and tax revenue growth (Hanushek & Woessmann 2010). Further, closing educational achievement gaps has been predicted to reduce income inequality by raising the lifetime earnings of the poorest 75 percent of children more than they raise the lifetime earnings of the richest 25 percent of children. A recent study by Lynch (2015) concludes that improving the education of all future workers "accelerates economic growth and can promote more equal opportunity over the long run resulting in stronger, more broadly shared economic growth, which in turn raises national income and increases government revenue, providing the means by which to invest in improving our economic future." (Lynch, 2015, 8)

The benefits of raising achievement levels and closing educational achievement gaps may allow for intergenerational economic mobility- "paying it forward." The current young generation would be better off when they are adults because they "will have higher earnings, higher material standards of living, and, presumably, an enhanced quality of life" (Lynch, 2015, 35). This greater achievement would be passed on to future generations, as children born to these future parents will have improved educational and economic outcomes, creating compounding regional economic benefits.

Lynch (2015) also finds that school-specific solutions for socioeconomic-based achievement gaps are limited in what they can accomplish. Given the common practice of assigning students to neighborhood schools, distribution of affordable housing must be considered along with educational policies and practices. The potential for improved and equitable educational outcomes relies on consideration of neighborhood demographics and the housing policies that contribute to residential integration or segregation (Tegeler & PRRAC, 2011, 5). Research also suggests that achievement gaps develop and exist prior to school years, therefore educational reforms cannot address the root problem (Duncan et al, 2012). Housing as a platform for educational growth is a key factor to achieving the resulting economic impact.

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